



Banana Doubles

(a fruity principle)



1	2	3	4	5	1
2	1	3	5	4	
2	1	5	3	4	
1	2	5	4	3	
1	2	4	5	3	
2	1	4	3	5	
2	4	1	3	5	
4	2	1	5	3	
<hr/>					
4	1	2	5	3	2
1	4	2	3	5	
1	4	3	2	5	
4	1	3	5	2	
4	1	5	3	2	
1	4	5	2	3	
1	5	4	2	3	
5	1	4	3	2	
<hr/>					
5	4	1	3	2	3
4	5	1	2	3	
4	5	2	1	3	
5	4	2	3	1	
5	4	3	2	1	
4	5	3	1	2	
4	3	5	1	2	
3	4	5	2	1	
<hr/>					
3	5	4	2	1	5
5	3	4	1	2	
5	3	1	4	2	
3	5	1	2	4	
3	5	2	1	4	
5	3	2	4	1	
5	2	3	4	1	
2	5	3	1	4	
<hr/>					
2	3	5	1	4	4
3	2	5	4	1	
3	2	4	5	1	
2	3	4	1	5	
2	3	1	4	5	
3	2	1	5	4	
3	1	2	5	4	
1	3	2	4	5	
1	2	3	4	5	



The following is taken from *The Ringing World* (p.1289) 18-25 December 2009

Banana Doubles is a new doubles principle, invented by Ander Holroyd, and first rung, or perhaps unpeeled, in March 2009.

Banana is the first (and only) doubles principle rung with 8 changes in the lead (*interpretation please!*). It also has no points or dodges, and all places are made 'right' except 3rds which is made 'wrong'.

However, Banana is also special in other ways. Most commonly-rung methods, including Plain Bob and Cambridge, have the same type of symmetry; sometimes called 'palindromic' or conventional symmetry.

However, Banana has an elegant form of symmetry known as 'glide symmetry', which means the blue line you ring 'from the back' is the same as that you ring 'from the front'. Banana is a marvellous, fruity principle. There are some similarities to Stedman, with six consecutive changes of hunting on three, but the glide symmetry gives it a super fluidity.